## An Initial Exploration of a Multi-Sensory Design Space: Tactile Support for Walking in Immersive Virtual Environments

Mi Feng\*

Worcester Polytechnic Institute

Arindam Dey<sup>†</sup> HIT Lab Australia Robert W. Lindeman<sup>‡</sup> HIT Lab NZ Worcester Polytechnic Institute

## ABSTRACT

Multi-sensory feedback can potentially improve user experience and performance in virtual environments. As it is complicated to study the effect of multi-sensory feedback as a single factor, we created a design space with these diverse cues, categorizing them into an appropriate granularity based on their origin and use cases. To examine the effects of tactile cues during non-fatiguing walking in immersive virtual environments, we selected certain tactile cues from the design space, movement wind, directional wind and footstep vibration, and another cue, footstep sounds, and investigated their influence and interaction with each other in more detail. We developed a virtual reality system with nonfatiguing walking interaction and low-latency, multi-sensory feedback, and then used it to conduct two successive experiments measuring user experience and performance through a trianglecompletion task. We noticed some effects due to the addition of footstep vibration on task performance, and saw significant improvement due to the added tactile cues in reported user experience.

**Keywords**: Immersive Virtual Environments, Multi-sensory Cues, Tactile Cues, User Study.

**Index Terms**: H.5.1 [Information Interfaces and Presentation]: Multimedia Information Systems—artificial, augmented, and virtual realities; H.5.2 [Information Interfaces and Presentation]: User Interfaces—haptic I/O, evaluation/methodology

#### **1** INTRODUCTION

Multi-sensory feedback has been proven to increase immersion in Virtual Environments (VEs), and it has great potential to be effective in many other aspects [28]. However, it is complicated to study the effect of multi-sensory feedback as a single factor, as the effects are mixed, depending on various cue types and tasks. A design space is thus needed to categorize the sensory cues in a more generalized way, and into an appropriate granularity.

#### 1.1 Design Space

Multi-sensory feedback can first be grouped according to the five human senses, i.e., visual, auditory, haptic, olfactory and gustatory, a common approach in virtual reality (VR) research [23]. Each group may or may not be further subdivided due to the nature of the sensory channel. For instance, the haptic group can be subdivided into kinesthetic and tactile cues [3]. The former can be perceived from sensors in muscles, joints, and tendons, while the latter can be perceived cutaneously.

As shown in Table 1, we can group the multi-sensory cue types not only based on sensory channels (the left two columns), but

\*mfeng2@wpi.edu †aridey@gmail.com \*gogo@wpi.edu

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also based on their use (remaining columns), i.e., ambient, object, movement, and informational cues. In immersive VEs, Ambient Cues provide a natural atmosphere surrounding the user. The source of ambient cues can be hard to identify, while people can identify that Object Cues come from specific objects placed in the scene. The user receives Movement Cues based on his/her motion. Informational Cues provide indications of additional information to the user. To better illustrate these cues, we provide examples for both the visual and tactile sources. Imagine a user in a virtual city, surrounded by environmental light and wind, which are ambient cues. As s/he moves, s/he sees the visual flow and feels air moving past the body, which are movement cues. When s/he arrives at a factory, the buildings and vibrating machinery provide object cues. If s/he wants to find the way through the space, a virtual compass on the screen or a directional vibration belt s/he may wear could be used to provide informational cues that can indicate directions. Some examples shown in Table 1 can be found in [8] and [35]. From the generalized design space, we selected certain cues for a focused study, as an exploration.

## 1.2 Tactile Support for Walking

Travel is a fundamental task in VEs [3], and walking is one of the most commonly used types of travel (see, for example, firstperson games). While physical walking is intuitive and can make people remain oriented with little cognitive effort [29], using it in VEs incurs technical and perceptual challenges [13]. Furthermore, it induces fatigue. An alternative method is to move in the VE using walking simulation, or non-fatiguing walking, that requires little accumulated physical exertion. The cost includes the loss of spatial orientation, self-motion perception, and overall presence, compared to physical walking. The main key factors that can help maintain the above, on a perceptual level, include field of view (FoV), motion cues (e.g., peripheral vision and vestibular cues), and multi-sensory cues (e.g., auditory and tactile cues). While the first two have been fairly thoroughly studied, the use of multisensory cues still remains open [5, 31].

In our study, we chose certain types of tactile cues from the design space, and investigated their effects in our VR setup, with non-fatiguing walking interaction, a wide FoV, and vestibular, visual, and auditory cues enabled. We adapted the ChairIO interaction technique [1], a hands-free, body-motion-controlled interface based on a stool, by tilting and rotating which the user could move around in VE. We wanted to see whether a user's navigational performance and experience could be further enhanced when multi-sensory cues are introduced, or whether there would be negative effects due to multi-sensory interactions [3]. Based on the potential to aid spatial orientation, self-motion perception, and overall presence during non-fatiguing walking, we originally chose two tactile cues to study, movement wind (MW) and footstep vibration (FV). Since these movement cues are akin to our real world experience, we wanted to see how effective they are in the virtual world through simulation. We also chose one auditory cue, footstep sounds (FS), to study the multi-sensory interaction. Due to participant feedback in the first experiment, we conducted a follow-up experiment studying the effect of an informational tactile cue, directional wind (DW).

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Senses	Subdivision	Sub Subdivision	Ambient	Object	Movement	Informational
Visual	General		Ambient Light	Visual Landmarks	Visual Flow	Information Panel
Auditory	General		City-street Noise	AC Hum	FOOTSTEP SOUNDS	Audio Instructions
		Wind	Atmospheric Wind	AC Airflow	MOVEMENT WIND	DIRECTIONAL WIND
Hantia	Tactile	Floor Vibration	Factory-floor Vibration	Floor-type AC Vibration	FOOTSTEP VIBRATION	Proximity Alert
Haptic	W: d. d		21/4	Force Feedback for	Forced Arm Swing (like on	Force Feedback Joystick to
	Kinesthetic		N/A	Object Collisions	an elliptical device)	Indicate Path to Follow
Olfactory	General		Smell of the Sea	Fruit Smell	N/A	Rosemary Indicating CO
Gustatory	General				N/A	

Table 1: Design Space of Sensory Cues. Cells contain examples for the given category. The cues used in our work are in **BOLD CAPITALS**. (AC: Air-conditioner). Some subdivisions are omitted and marked as "General".

**Contributions:** First, we created a design space to categorize multi-sensory cues for exploration. Second, we developed and described a full-stack immersive multi-sensory VR system, which will be helpful for future researchers to replicate. Third, through rigorous user studies, we showed that tactile cues significantly improved user experience in VEs, and that footstep vibration in particular can also help maintain spatial orientation. We believe these insights will help future researchers and developers to choose multi-sensory cues more appropriately for their walking simulations.

The rest of the paper is organized as follows. We present a detailed account of relevant earlier work in Section 2. Section 3 presents the development of our VR system, which was our experimental platform. Section 4 and 5 present two user studies and their analyses. In Section 6, we conclude by pointing towards future research directions.

## 2 RELATED WORK

In this section, we establish related work by listing and discussing previous work on the cues that we selected, i.e., wind and tactileenhanced footstep simulation, and the studies on path integration (PI), i.e., a measure for spatial orientation in VR.

#### 2.1 Wind in VR

Various displays have been developed and studied for generating wind cues for different uses. In the 1960s, the first wind display providing movement wind cues for VR was integrated into Sensorama [12], a motorcycle simulator. More systems and studies about wind in VR have been created more recently. The WindCube [24] used 20 fixed fans positioned around and close to the user to provide ambient wind cues. The study indicated enhanced presence by adding wind to a visual-only pre-computed snowstorm scene. The Head-mounted Wind system [6], using a group of fans mounted on a wearable framework, explored the portability of fan units and examined direction estimation error. The VR Scooter [10] was a virtual locomotion device equipped with movement wind cues produced by a fan. The authors found that wind feedback indicating user movement, together with vibration feedback indicating collisions, improved user performance by providing more accurate sensations during motion. In other work, a wearable device [16] was developed by using an audio speaker and tube air delivery, and a two-point threshold experiment was conducted to find out the wind-sensitive parts of the head. WindWalker [9], providing informational wind cues for guidance, was head mounted, and was used as an orientation tool to indicate free paths when users were traversing a virtual maze blindfolded. Other work [17] created an atmospheric display with a wind tunnel to approximate natural airflow. The sense of presence of Virtual Sailing [39] was also enhanced by movement wind cues based on sailing speed and direction. A system simulating experiences such as a volcano scene [14] provided both ambient and object wind cues with a group of fixed

fans. Some trends were found on the effect of wind and warmth on presence enhancement.

In the cited works that included empirical studies, various cue types were generated for different study purposes. Movement wind was mostly studied [10, 39], followed by ambient [14, 24], object [14] and informational wind [9]. The study purposes included examining the effects on perception enhancement, user experience, and performance. The existing studies on user experience enhancement were limited to vehicle scenarios [10, 39], while our current work is interested in walking situations. There are existing studies about navigation performance [9, 10], but none of the studies was on spatial orientation, which we focus on here.

There are various ways of implementing wind displays. Fan sets are most commonly used [6, 10, 14, 24, 39]. Other implementations include using an air compressor [32], a controllable vent [17], and an audio speaker [16]. Due to the noise produced, the bulkiness of the air compressor and vent, and the limited wind coverage generated by the audio speaker approach, we chose fan sets in our study. However, one of the main drawbacks of existing fan systems is latency [14], meaning the delay from the moment the wind is triggered in the VR software component until the user feels the wind. This is mainly caused by the time it takes the fan motor to spin up to speed. More immediate wind feedback onset based on user movement using fans is thus hard to implement and study. Similar problems exist in terms of removing the wind sensation, as fans take time to slow down. In our study, this on/off latency issue was solved by making the fan spin all the time on a pan-tilt platform, which we can quickly point towards and away from the user.

## 2.2 Tactile-enhanced Footstep Simulations in VR

Another potential aid to user experience and performance during non-fatiguing walking in VR is the simulation of footsteps. Cues for this are a combination of movement cues across multiple sensory channels, i.e., visual (head bob), auditory, and vibrotactile during virtual movement, while the user is not physically walking.

Early studies have shown that camera motion can improve presence in walking simulations [19] and synthetic footstep sounds enhance the sensation of walking [25]. Recent studies have shown the great potential of vibrotactile footstep cues to further enhance the user experience, such as self-motion perception and presence [25, 38]. In the study of King Kong Effects [36], vibrotactile tiles were put under the user's feet, and a clear preference for the combination of visual and vibrotactile cues was suggested in terms of walking sensation. Another study using plantar vibrotactile cues in a non-immersive environment [37] found that walking realism was further improved when the auditory cues were combined with vibrotactile cues, regardless of whether or not there were visual cues.

While these studies on user-experience enhancement were based on desktop systems [36, 37], we were curious about the effects in immersive VEs. Similar to wind studies on performance, to the best of our knowledge, there are no existing studies about the effects of footstep simulation on spatial orientation in VR.

## 2.3 Path Integration in VR

One of the commonly used tasks to measure spatial orientation in real environments is path integration (PI), which is a standard, well-defined navigational test in the real world, and has been extended to VR [21]. The user first travels along a path consisting of multiple segments, then is asked to return to the origin without seeing the travelled path or starting point. Vestibular and proprioceptive cues were shown to have positive effects [7, 15]. Other studies were focused on the effect of visual cues and the results were mixed. Visual display size was proven to affect the performance, i.e., physically large displays led to better performance in PI [34]. People performed better in 2D environments than in 3D. People being shown a map prior to the task performed worse than those who were not shown the map, which was counterintuitive [2]. Geometrical field of view did not affect performance [27]. Visual and audio immersion had no significant effect either [30]. On the other hand, path properties in PI, such as the number of segments, path layout, and homing distance [40], were shown to affect performance significantly. In our study, we examined whether certain secondary cues would allow the user to perform better at PI, i.e., to better maintain spatial orientation, in HMD-based VEs, and during non-fatiguing travel, where vestibular and proprioceptive cues are only partially present.

#### **3 EXPERIMENTAL SETUP**

To study the effects of selected tactile cues on both user experience and spatial orientation during non-fatiguing walking in VEs, we developed a multi-sensory immersive VR system with tactile feedback including wind and floor vibration, using a modified version of the ChairIO travel technique [1]. The system was designed based on two themes in our study. First, we devised a low-latency solution to control the wind speed and direction based on changes in user motion, and floor vibrations for simulating user footsteps in VR [11]. The system is thus able to deliver relatively effective tactile cues in the experiments. Second, instead of holding devices, standing, pointing, or physically walking around, the modified ChairIO technique enables the user to sit on a chair, swivel to rotate, and travel by leaning the upper body. With such a design, we preserved key factors already known that can contribute to non-fatiguing walking experience and performance in our experiments, including wide FoV, vestibular, visual, and auditory cues.

Figure 1 shows a schematic layout of the physical space and the components of our system. We created a cage-like setup for the hardware components, and the user was positioned at the center of the cage. In the cage, the user was asked to sit on a Swopper Chair [33], transformed into a motion-control input device using a B-Pack Compact Wireless Accelerometer (Model WAA-001). The user wore an Oculus Rift DK2 head-mounted visual display, which included a head-orientation tracker (without positional tracking). This setup enabled the user to *walk around* in the virtual scene by leaning to control the pitch and roll of the chair using his/her body, and to look/hear around by swiveling the chair and head. In our experiments, the participant indicated reaching each waypoint by pressing the "A" button on the Wiimote; other than this, no other input was used from the Wiimote. All movement control was performed using the Swopper chair.

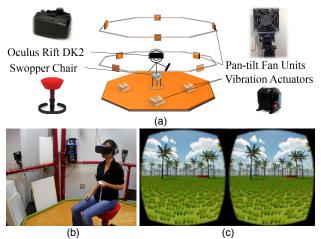
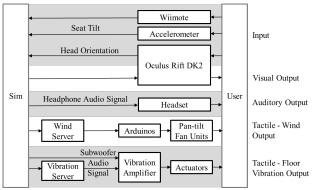
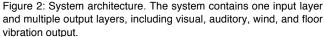


Figure 1: The primary components of our VR system (a) were an Oculus Rift DK2 (display), a Swopper Chair (movement control), pan-tilt fan units (wind cues), and vibration actuators (floor vibration cues). Users were placed in a cage-like physical setup (b) where these components were strategically placed to create the experience, and (c) users had a binocular view of the VE.





A noise-cancelling headset (Bose QuietComfort 15) was used for audio rendering. The user was surrounded by eight pan-tilt fan units mounted on the 2.5m diameter octagonal frame of the cage for wind cues, and four low-frequency vibration actuators mounted under a raised floor for vibration cues.

Figure 2 shows the system architecture. The simulation (Sim), with a virtual scene in it, based on Unity3D, is the core of system input and output control. The user input is received from the accelerometer on the chair and the orientation sensor from the DK2. The visual and auditory outputs are sent from the Sim to the DK2 display and the audio headset. The Sim also produces the necessary commands that are sent to the wind and floor vibration subsystems, which convert the commands into control of the physical feedback devices.

The wind subsystem is a group of pan-tilt fan units controlled by two Arduinos connected to the Wind Server through USB. Each fan unit (Figure 3a) has a 120mm DC fan (Delta AFB1212SHE-4F1C) mounted on a pan-tilt platform controlled by two servomotors. Wind speed of each fan is controlled over a range from 0 (off) to 255 (MAX, or 4 m/s measured at a distance of 50 cm).

As shown in Figure 3b, two types of wind were generated from the subsystem, movement wind and directional wind. Movement wind, the wind blowing against the user's motion direction, with the wind speed linearly mapped to his/her motion speed, was

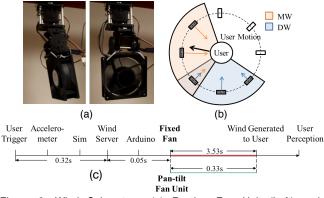


Figure 3: Wind Subsystem. (a) Resting Fan Unit (Left) and Activated Fan Unit (Right); (b) Movement Wind Calculation; (c) Time Measure for Wind Generation Process.

generated by the selected fan units within range, each of which turned toward the user, blowing with a weighted wind speed. The directional wind, the wind with consistent direction and waved speed in the VE, independent from the user's motion, was generated in a simpler way. Three adjacent fans were selected and pointed at the user, blowing with smoothly varying speed within the range [100, 255]. When the two types of wind overlap, each fan selected by both will pick the larger speed assigned to it (Figure 3b).

By using the pan-tilt fan unit instead of a fixed fan, we were able to reduce the latency of wind feedback, mainly caused by fan motor speed changes, reported with previous wind systems [14]. To address the significant lag, the fans on our pan-tilt platforms always spin at a minimum level of 100, but are turned away from the user when the wind should be still, and can quickly be turned towards the user and spun up when needed. We did a frame analysis using 30 fps video capture, to measure both the fixed and pan-tile fan systems. We simulated the fixed-fan system by fixing the fan toward the user. As shown in Figure 3c, in our system, the end-to-end dataflow of wind delivery is from the user trigger (leftmost) to user perception (rightmost), where the Sim and Wind Server were running on the same PC. It took an average of 0.37s from software trigger to the fans. However, it took the fixed fan 3.53s to start generating the wind from zero, but only took 0.33s for the pan-tilt fan unit, which was already spinning at a lower level, to turn to the user. With such a design, near-instant movement wind feedback can be applied or removed.

The hardware control of the floor vibration subsystem is implemented by sending calculated audio values (frequency and amplitude) to control software, then through an amplifier to a group of low-frequency audio actuators (Buttkicker LFE units [4]) installed under a raised floor to generate floor vibration. Alternatively, a mono audio signal can be sent directly to the amplifier from the VR simulation, bypassing the Vibration Server. This latter approach was used in our experiments, using the subwoofer channel of our 5.1 audio system. The footstep vibration, the periodical floor vibration generated during the user's motion, was modeled based on real-life footstep audio recordings. We ran two user studies using this system to evaluate the effectiveness of these tactile cues in isolation and combination.

# 4 EXPERIMENT 1: MOVEMENT WIND, FLOOR VIBRATION AND SOUND

The focus of this experiment was to evaluate the effects of selected tactile cues (MW and FV) on user performance on a spatial orientation task, as well as on the overall user experience.

We also selected an auditory cue (FS) to study the interaction of multi-sensory cues.



Figure 4: View of the rings from the start location. The dotted lines and numbers are added here for clarity, and were not shown during the experiment.

#### 4.1 Experimental Task

To evaluate the effects of various cues individually and in combination, we used a triangle-completion task, which is one form of a path integration task to measure the user's spatial orientation in VEs [21] (Figure 4). In the task, there were three rings (radius = 4m) in the scene, and the participant was first positioned at the center of the first ring, with the second and third rings in sight. The participant was asked to move to the second ring, then to the third ring. Each successive target ring was highlighted. As soon as the participant reached the third ring, all of the rings disappeared and s/he was asked to return to his/her initial position in the first ring.

#### 4.2 Experimental Design and Procedure

We designed a within-subjects experiment, which enabled us to reduce error variance associated with individual differences. All trials included visual and ambient audio feedback. There were eight combinations of the three primary independent variables, with/without MW, with/without FV, and with/without FS, and each participant was exposed to all eight conditions (Table 2).

Overall, there were five independent variables in this study.

- Movement Wind Cue ∈ {On, Off} Velocity-proportional wind was either blown or not towards the participant based on his/her movement in the VE.
- Footstep Vibration Cue  $\in \{On, Off\}$

The floor of the system on which the participant placed his/her feet was either vibrated or not based on his/her footsteps. We provided a pair of sandals with thin soles and asked participants to wear those during the experimental sessions. This helped eliminate any error due to the differences in sole thickness of various shoes, which may have affected the perception of floor vibration.

- Footstep Sound Cue ∈ {On, Off} The sound of footsteps was either rendered or not based on the participant's footsteps during movement in the VE.
- Triangle Path Layout ∈ {Path 1, Path 2, Path 3, Path 4} We used four different paths in this study. Each of these paths was used in every condition for all participants. The paths were carefully designed to reduce repetition and learning effects. The length of the first side, of the second side, and the angle between the first and second sides for each of the paths were: Path 1 (90m, 51.96m, 90°), Path 2 (103.92m, 60m, 90°), Path 3 (103.92m, 103.92m, 60°), Path 4 (60m, 60m, 120°)
- **Triangle Direction** ∈ {Clockwise, Counterclockwise} To further reduce learning effects and to create variety in the travel task, we introduced the target rings in the VE in either a clockwise or counterclockwise layout.

Table 2: The eight experimental conditions (shown in gray).	
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			F	S	
		Y	es	N	0
		F	V	F	V
		Yes	No	Yes	No
MW	Yes	ALL	MW+FS	MW+FV	MW
MW	No	FS+FV	FS	FV	NONE
	> {	$\geq$		>	$\geq$
1(a)	V	2(a)	3(a)	<b>X</b> 4(a)	)
		>		$\rightarrow$	$\rightarrow$
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Figure 5: Triangle Path Layouts.

The first three independent variables were the focus of this experiment, while the last two were designed with the purpose of variation and counterbalancing. Eight triangle path layouts, based on the last two variables, were used in the experiment (Figure 5). With each of the eight conditions, the participant went through four triangle path layouts, either group (a) or group (b). Thus, every participant experienced 8x4 triangle-completion trials. We counterbalanced the conditions using an 8x8 Latin-square. We further counterbalanced the paths using a 4x4 Latin-square and alternated between clockwise and counterclockwise in each successive trial. Overall, we collected 8x4x24 = 768 data points in the whole experiment.

Before the experimental task, each participant signed an IRBapproved consent form, and filled out a demographic form indicating age, gender, handedness, and experiences related to video games and VR. We used the Gilford Zimmerman orientation survey (GZ test) [18] as a pre-test to measure spatial orientation ability in VR.

During the experimental task, participants could look and move around within a flat-ground forest, where the trees were randomly planted. The VE was designed to make sure that the visual cues were randomly spread. All trees looked the same and we made sure that they were placed randomly in a way that participants could not use density or patterns of trees as cues for orientation.

Each participant first went through a training session, where s/he travelled freely in the environment and then completed equilateral triangles (side=50m), with all three rings shown, with and without the existence of all the independent variables. The participant was told to remember the perception of travelling through each 50m side as a base for distance estimation later in the actual experiment.

Then participants completed every trial under all of the conditions. At the end of each trial, we asked participants the length of distance units s/he travelled. After each condition section, s/he filled out a subjective questionnaire (Table 3), followed by a two-minute mandatory rest period. After the experimental task, we asked each participant to rank the different conditions, and tell us the strategies s/he applied.

#### 4.3 Measures

Our measures included both objective and subjective ones. In order to measure spatial-orientation performance, the following dependent variables were defined (please refer to Figure 6).

- Signed Distance Error (DE): The difference in length between Edge 4 and Edge 3. A positive value means that the distance between the participant's Final Stop and Vertex 3 is longer than Edge 3.
- Absolute Distance Error |DE|: The absolute value of (DE).
- Signed Relative Distance Error (RDE): The ratio of (DE) to Edge 3.
- Absolute Relative Distance Error |RDE|: The absolute value of (RDE).
- Signed Angle Error (AE): The counterclockwise angle from Edge 3 to Edge 4.
- Absolute Angle Error |AE|: The absolute value of (AE).
- Signed Distance Estimation Error (DEE): The difference between the participant's estimated distance travelled and the real distance travelled. A positive value means that the distance was overestimated.
- Absolute Distance Estimation Error |DEE|: The absolute value of (DEE).
- Closeness: The distance between Vertex 1 and Final Stop.

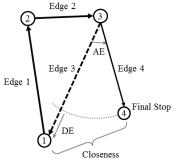


Figure 6: Visualization of performance measures for the Trianglecompletion Task.

Subjective data were also collected to measure user experience. There was one questionnaire rating for each condition, which asked about the sense of presence and movement, etc. As shown in Table 3, Q1-2 measured motion perception, Q3-5 measured the sense of realism and presence, Q6-7 measured cue helpfulness, and Q8 measured dizziness. Comments and a top-three ranking of the conditions were also collected at the end of the experiment.

Table 3: We asked participants to rate each of the conditions based on the following eight questions.

Question	Subjective	Question (range: 1-6)
Number	Measure	
1	Movement	To what extent did you experience the sensation of movement?
2	Walking	To what extent did you experience the sensation of walking?
3	Realism	How close did the computer-generated world get to becoming like the real world?
4	Presence	To what extent were there times during the experience when the computer-generated world became the "reality" for you, and you almost forgot about the "real world" outside?
5	Presence	To what extent did you experience the sense of "being there" while you were travelling in the VE, as opposed to being a spectator?
6	Helpfulness	Please rate your sense of direction while you were travelling in the VE.
7	Helpfulness	Please rate the extent to which you think the feedback in this condition helped your
8	Dizziness	performance of the task. How much dizziness did you experience while performing the task in this condition?

#### 4.4 Participants

Twenty-four participants (21 male) took part in the experiment. Their ages ranged from 18 to 31 (M=21, SD=3.58). Half of them played video games frequently, while five of them had immersive virtual reality experience. The score of the pre-test (GZ test) [18] was within the range from -9 to 47 (M = 16.47, SD=14.9).

#### 4.5 Hypotheses

We had the following hypotheses for this experiment:

- **H1:** Adding tactile cues (MW and FV) will enhance spatial orientation task performance.
- **H2:** Adding tactile cues (MW and FV) will improve user experience during non-fatiguing walking.

#### 4.6 Results

In this section we present our results for the objective and subjective data. The data collected in the experiment were analyzed in SSPS v.21. Initially, we compared homogeneous means of the eight conditions by running one-way repeated measures ANOVA and Tukey's HSD post-hoc (*Analysis I*). Then, we examined the main effects and interactions of the three independent variables (MW, FV and FS) by running 2x2x2 factorial repeated measures ANOVA (*Analysis II*).

## 4.6.1 Objective Data

From the results of Analysis I, when comparing homogeneous means of the eight conditions, we did not notice a significant effect on any of the objective dependent variables.

However, from the results of Analysis II, we noticed a significant main effect of FV on Absolute Distance Error (IDEI): F(1, 23) = 7.27, p = 0.013,  $\eta_p^2 = 0.24$ , and on Absolute Relative Distance Error (IRDEI): F(1, 161) = 7.3, p = 0.013,  $\eta_p^2 = 0.24$  (Figure 7). IDEI, defined based on previous triangle completion studies [34], showed that the absolute distance error was 2.5 meters less in the trials with FV. IRDEI, which was the proportion of IDEI to the returning side of the triangle, revealed a normalized error, also showing that the error in the trials with FV was 2.3% lower.

Among the other effects we examined, we found that overall, participants tended to underestimate their travel distance in the VE, although there was no significant difference between

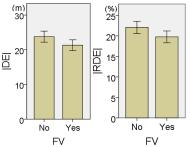


Figure 7: Main effect of FV on Absolute Distance Error (IDEI) and Absolute Relative Distance Error (IRDEI)

conditions. This is consistent with numerous earlier studies that report distance underestimation in VEs.

#### 4.6.2 Subjective Data

As shown in Table 3, we asked eight questions to participants after each condition. From the results of Analysis I for each question, overall, we noticed a strong preference for the ALL condition and a strong disfavor for the NONE condition (Figure 8). From a combined line chart view (Figure 9) of the subjective measure over the eight conditions, ordered to make the curves as smooth as possible, we noticed some trends. The ratings of Q1-Q7 increased with the number of cues involved. In addition, in conditions where FV was involved, the ratings tend to be higher, and have more impact. Yet for Q8 Dizziness, we noticed a decreasing trend with the same condition order.

The significant results of Analysis I are reported in detail as follows.

*Question 1 (Movement):* We found that the data did not meet the assumption of sphericity (p = 0.002). Accordingly, we applied Greenhouse-Geisser adjustment: F(3.72, 85.63) = 2.57, p = 0.047,  $\eta_p^2 = 0.1$ . Participants reported NONE to be the worst condition, which was significantly worse than MW (p = 0.03).

Question 2 (Walking): ANOVA showed a significant difference between conditions F(7, 161) = 20.1, p < 0.001,  $\eta_p^2 = 0.47$ . Overwhelmingly, the NONE condition was rated significantly worse than all other conditions (p < 0.01) except for MW. ALL was rated significantly better than MW and NONE at p < 0.001. MW was significantly worse than ALL (p < 0.001), FS+FV (p = 0.001), FV (p = 0.002), and MW+FV (p = 0.001).

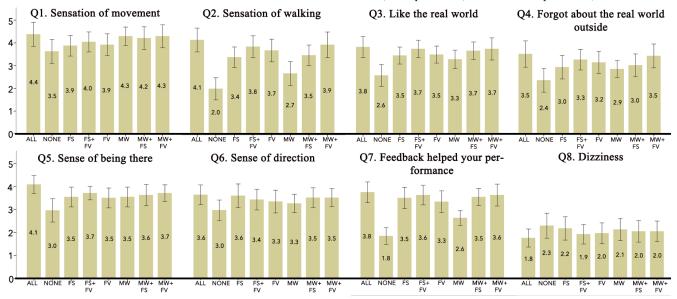


Figure 8: Subjective ratings for each of the eight questions in Experiment 1. Clearly, NONE was rated lowest and ALL was rated highest in all questions. It is also noticeable that conditions involving vibration was preferred by participants. Whiskers represent ±95% confidence intervals.

*Question 3 (Realism)*: We noticed significant differences between conditions F(7, 161) = 9.5, p < 0.001,  $\eta_p^2 = 0.29$ . Condition NONE was significantly worse than all other conditions: ALL (p < 0.001), FS (p = 0.03), FS+FV (p < 0.001), FV (p < 0.01), MW (p = 0.01), MW+FS (p = 0.001), and MW+FS (p < 0.001).

Question 4 (Presence): In this question, we found a significant difference between conditions F(7, 161) = 6.3, p < 0.001,  $\eta_p^2 = 0.22$ . Condition NONE was significantly worse than ALL (p = 0.02), FS+FV (p < 0.01), FV (p = 0.04), and MW+FV (p = 0.001).

*Question 5 (Presence):* We noticed a significant difference between conditions: F(7, 161) = 4.5, p < 0.001,  $\eta_p^2 = 0.16$ . Condition NONE was significantly worse than ALL (p = 0.003) and MW+FV (p < 0.05).

*Question 6 (Helpfulness):* Similar to Question 5, we found a significant difference between conditions: F(7, 161) = 2.7, p = 0.01,  $\eta_p^2 = 0.11$ ; and condition NONE was significantly worse than ALL (p = 0.02) and MW+FV (p = 0.04).

Question 7 (Helpfulness): We noticed that the data did not meet the assumption of sphericity (p < 0.01). Accordingly, we applied Greenhouse-Geisser adjustment: F(4.42, 101.65) = 17.33, p < 0.001,  $\eta_p^2 = 0.43$ . Condition NONE was rated significantly worse than all other conditions at p < 0.001 values. Condition ALL was rated highest among all conditions and it was significantly better than NONE and MW (p = 0.008). Similar to ALL, FS+FV was significantly better than MW (p = 0.02) and NONE. Condition MW was significantly worse than ALL, FS+FV, MW+FS (p = 0.009), and MW+FV (p = 0.01).

*Question 8 (Dizziness):* We did not find any significant differences between the conditions in terms of ratings.

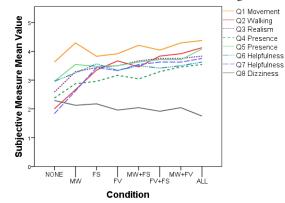


Figure 9: Subjective Measure Means X Condition (Analysis I).

By applying Analysis II, we found both significant main effects of three independent variables, and significant interactions between them (Table 4). In terms of the main effects, all of the three independent variables led to significant preference in ratings on most questions. We also found that FV had the most impact on the effect.

Table 4: The results on the subjective measures (Analysis II). All the significant main effects indicate positive effects.

		Main Effe	ects		Int	eractions	
Subjective Measures	MW	FV	FS	MW ×FV	MW ×FS	FV ×FS	MW ×FV ×FS
Q1 Movement	10.0**						
Q2 Walking	8.8**	54.7***	22.6***	1		3.8**	
Q3 Realism	11.6**	21.9***	15.3**	1	5.5*	5.2*	
Q4 Presence	6.9*	45.8***		1			
Q5 Presence	13.9**	8.3**	4.8*				
Q6 Helpfulness			7.0*				
Q7 Help	7.1*	27.8***	22.0***				
Q8 Dizziness		4.6*					
Numbers in cells a	re F-values	df = 1/23, w	ith *p < .05. *	*p < .01.	and ***1	0 < .001.	

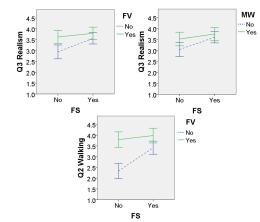


Figure 10: Interactions of MW×FS and FV×FS in Q3 Realism, and Interaction of FV×FS in Q2 Walking (Analysis II)

Besides the main effects, three significant interactions were noticed (Figure 10). Two of them (MW×FS and FV×FS) are from Q3 Realism, and one (FV×FS) is from Q2 Walking. All of the interactions showed that the effects of FV or MW became less noticeable in the presence of FS.

#### 4.7 Discussion

In this section, we first discuss the effect of tactile cues individually, then discuss their effects and interactions in combination.

Previous studies focused more on examining the subjective effect of movement wind in vehicle simulations [10, 39]. Our results showed that the effect can be further applied to walking simulations, where it not only enhances presence and movement sensation, but can also play a positive role in improving walking sensation. However, it did not show any noticeable aid to maintaining spatial orientation.

From our study, the positive effects of FV on walking sensation were shown for immersive VEs. They were also strongly preferred in terms of overall presence. Furthermore, we found that people's spatial orientation can be better maintained with the support of FV; they helped reduce the absolute distance error in the triangle completion task. There are two main reasons that may cause the effect. One is about the strategy that the participants may have applied in the task. Half of the 24 participants mentioned that they tried to count footsteps to measure how far they went when they experienced conditions with FV or FS, but FS did not show a significant main effect on performance. The other reason could be that FV contributed more to the self-motion perception, which might help in maintaining spatial orientation during travel in VEs [31].

From the results on individual contributions of the tactile cues, our first hypothesis on task performance (H1) was partially supported, and our second hypothesis on user experience (H2) was fully supported.

By observing the effects and interactions in combination, we showed strong support for the common intuition mentioned in previous work, that in multi-sensory systems, adding more cues tends to get more preference [3, 31]. This is based on the finding from Analysis I that participants did not like the NONE condition and overwhelmingly preferred the ALL condition, and the ratings generally increased with the number of cues. However, despite the "more cues equals greater preference" rule, we found interactions between multi-sensory cues. All three interactions found in Analysis II showed that the existence of one cue could make the effect of another cue unnoticeable. This kind of interaction was mostly found between FV and FS, but not between FV and MW.

One possible and intuitive reason could be that the more closely the two cues are related or matched, the more likely they might mask each other. Another finding is that the two tactile cues had different levels of impact. We found that FV was stronger, both subjectively and objectively, while MW was a relatively weak cue for influencing positive performance or experience. This finding motivated us to further investigate wind feedback as an informational cue in a follow-up experiment.

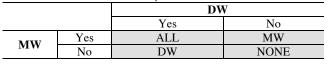
#### 5 EXPERIMENT 2: DIRECTIONAL AND MOVEMENT WIND

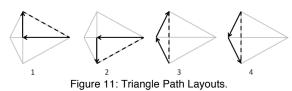
In Experiment 1, 10 of the 24 participants mentioned during the post-experiment feedback that they would have preferred to have directional wind (wind blowing from a fixed direction) in addition to movement wind. They predicted that directional wind would help them spatially orient themselves in the VE, like a visual landmark in the real world. Consequently, we conducted a follow-up experiment to investigate whether or not adding directional wind would affect user performance and experience.

#### 5.1 Experimental Design and Procedure

All trials in the experiment included visuals, ambient audio feedback, FV and FS. There were four combinations of the two independent variables, with/without MW and with/without DW. Each participant was exposed to all four conditions (Table 5). Four triangle layouts were used, as shown in Figure 11. With each condition, the participant went through all the layouts. Thus, every participant experienced 4x4 = 16 triangle-completion trials. Overall, we collected 16x16 = 256 data points.

Table 5: Experimental Conditions.





#### 5.2 Participants

A total of 16 participants (9 male) took part in the experiment. Their ages ranged from 19 to 34 years (M = 25, SD = 4.25). The participants for Experiment 2 were all different from Experiment 1, but with similar demographics. The score of the pre-test was within the range from -1 to 48 (M = 18.5, SD = 12.64).

#### 5.3 Hypotheses

This experiment was conducted based on the participant feedback from the Experiment 1 that subjects would have liked to have DW. Hence we had the following hypotheses:

- **H1:** DW will improve task performance over conditions where it is not present.
- **H2:** DW will improve user experience over conditions where it is not present.

#### 5.4 Results

Below we present the results of the second study. Similar to the first study, we used one-way repeated measure ANOVAs with condition as an independent variable of four levels (Analysis I) and 2x2 factorial repeated measures ANOVA with two independent variables DW and MW (Analysis II) to analyze the data.

#### 5.4.1 Objective Data

Contrary to our expectations based on participant feedback in Experiment 1, we did not find any significant results on objective measures from either Analysis I or II.

#### 5.4.2 Subjective Data

In Analysis I, we found significant difference in Q7 Helpfulness, F(3, 45) = 12.1, p < 0.001,  $\eta_p^2 = 0.45$ . In the post-hoc test, we found NONE was significantly worse than all the other conditions, p < 0.05. We also found DW was significantly better than MW, p < 0.05.

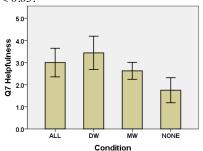


Figure 12: Homogeneous means of conditions on Q7 Helpfulness

In the results of Analysis II (Table 6), we found there was no main effect on Movement, Realism, or Presence. In the questions on Helpfulness (Q6 and Q7), we found significant main effects for DW on Q7. Surprisingly, we noticed a significant negative main effect of MW on Q6. Two significant crossover interactions were found in Q4 Presence and Q7 Helpfulness (Figure 13).

Table 6: The results of the subjective measures (Analysis II)

Subjective		Interaction DW×MW	
Measures	DW MW		
Q1 Movement			
Q3 Realism			
Q4 Presence			5.3*
Q5 Presence			
Q6 Helpfulness		8.0*(-)	
Q7 Helpfulness	23.8***(+)		11.7**
Q8 Dizziness			

Numbers in cells are F-values, df = 1/15, with \*p < .05, \*\*p < .01, or \*\*\*p < .001. (+) Positive main effect, (-) Negative main effect.

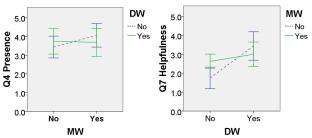


Figure 13: Interactions of DW×MW in Q4 Presence and Q7 Helpfulness

#### 5.5 Discussion

We had expected that people would use DW as a virtual compass to help performance, so that the absolute angular error could be reduced, while from the results of the objective measures we found that the addition of DW did not further improve user performance in the existence of FV and FS. Hence, our first hypothesis (H1) was not supported. The objective results were contrary to the participants' strong expectation on the helpfulness, which was shown in Q7. Our second hypothesis (H2) was partially supported. In addition, seven out of 16 participants mentioned that they used DW as a compass to help recognize orientation. One explanation for the contradiction between people's expectations and real performance could be that people overestimated their skills at making use of wind direction. Another possible reason could be a system limitation, i.e., the orientations of head tracker and the chair were not separated, which might prohibit people from looking around while moving in a certain direction. This might have influenced their natural behavior while performing the task. A third possible explanation is sensory overload. In this experiment, all conditions had FV and FS, and DW barely showed positive influence on either performance or experience. It could be that other visual, audio, and/or floor vibration cues were stronger than the sensation of wind. Having multiple cues at the same time might have also caused a sensory overload, which means more sensory input was provided to the participant at a given time than they could process [20]. A sensory overload can result in confusion and cognitive strain. While there are individual differences in how people overcome sensory overload, generally, the human brain is trained to ignore certain sensory inputs based on the given situation [22].

Another support for the explanation of sensory overload from our experiment was that, we found a negative impact of MW on user experience, based on one main effect (Q6) and two crossover interactions. This was not found in Experiment 1, where all the significant effects were positive. It indicates that the addition of another cue (DW in our case) could even reduce the preference of an existing cue from the same sensory channel.

#### 6 CONCLUSION AND FUTURE WORK

In this paper, a design space is presented for defining how multisensory cues can be systematically discussed, combined, and evaluated in the context of immersive VR. Based on the region of space to explore, we selected certain tactile cues to study their effect during non-fatiguing walking. We set about creating a method for effectively controlling the delivery of wind to an immersed user, focusing on reducing the latency inherent in such systems. In addition, we created a raised floor with vibration feedback to simulate footstep vibrations for non-walking locomotion. Finally, we recreated a ChairIO [1] approach to nonfatiguing locomotion. This allowed us to combine off-the-shelf visual and audio support with our experimental systems for tactile cue delivery and locomotion.

We then used this system to run two user studies to investigate the effect of sensory cues (FS, FV, MW, and DW) on spatial orientation performance and user experience, in order to measure the contribution of tactile cues (FV, MW and DW) individually and in combination. Combining the results from both experiments, we found that, the simulated tactile cues based on real world situations have positive effects during non-fatiguing walking in VEs, even in the presence of known support like wide FoV, and vestibular, visual, and auditory cues. Generally, adding more cues leads to stronger preference. However, this is not always true. First, we saw a stronger effect of floor vibration on both performance and experience than of wind, and thus one might mask another. Second, the cues closely related (FV and FS, MW and DW) tend to interact with each other.

Future researchers and developers should consider introducing these cues into their systems. We particularly suggest including footstep vibration into the non-fatiguing walking experience, and adding more cues based on the goals of the system, taking possible interaction into account. Although wind feedback was not found to be very helpful in our experiments, we intend to investigate more about this cue in other task scenarios, and to increase the intensity of the wind feedback. We believe our results will help future research in this direction and eventually improve the overall quality of multi-sensory immersive VR systems. This was our initial exploration of multi-sensory cues using our VR system with walking simulation. We chose a small fraction of a much larger design space to investigate as shown in Table 1. We will explore other cues in future studies, in order to solve different problems. We intend to improve the quality of the visual feedback to make it more realistic and to add cues such as head bobbing into the experience, which we believe will make it more realistic and may improve the user experience. We would also like to test our system with other tasks (e.g., games) that make use of these multi-sensory cues in a more direct way to see what differences this makes in the usefulness of these cues.

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